



# The Crow's Nest

Newsletter for Lake Conway Estates

August/September 2018

Lake Conway Estates  
Residents' Association

P.O. Box 593242; Orlando, FL 32859-3242

Website: [www.LakeConwayEstates.com](http://www.LakeConwayEstates.com)

Contact Council members at:

[info@lakeconwayestates.com](mailto:info@lakeconwayestates.com)

Or Use membership directory for  
Individual contact information

## Executive Council

President: Bob Buzzetti  
Vice President: Jenny Palmer  
Treasurer: David Sherard  
Secretary: Rosie Maltby

## Committee Chairman

Membership: Barbie Snavelly  
[lcramembership@gmail.com](mailto:lcramembership@gmail.com)

Web Site: Rogan Marketing and  
Communications  
[roganmarketing.com](http://roganmarketing.com)

Property Mgr. Bob Buzzetti

Street Captains: Anita Sacco

LCERA membership dues are \$150 per year. The fiscal year begins September 1 and ends August 31 of the following year. A \$25 discount is available to Lake Conway Estates residents who remit dues **PRIOR TO OR AT** the annual meeting every September. Keys are dispensed by Barbie Snavelly.

Payment may be made by check remitted to the P.O. Box listed above or by **Pay Pal** at [www.LakeConwayEstates.com](http://www.LakeConwayEstates.com)

## The Crow's Nest

Publisher: Lake Conway Estates Residents' Association

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Publication  
Committee: Barbie Snavelly,

## IT'S ALMOST HERE!

### LCERA Annual Meeting - September 13

Once again, the fellowship hall at First Baptist Church of Pine Castle on Hoffner Avenue will be the site of our annual meeting which will begin at 7:00 p.m. Prior to the meeting, a pot luck dinner will be held beginning at 6:00 p.m. for members who choose to participate. LCERA will provide fried chicken and beverages. Those attending the dinner should bring a salad, side dish, or dessert to share.

Current President, Bob Buzzetti, will call the meeting to order at 7:00, after establishing that a quorum is present. Fifteen percent of paid member-households for the new fiscal year are required to be present to establish a quorum for the purpose of conducting business. Projects and accomplishments of the past year will be summarized. Treasurer, Dave Sherard, will review the revenue and expenditures of the past year as well as discuss the proposed budget for 2018/2019. Members will be asked to approve the financial reports and new budget.

Proposed amendments to the LCERA Bylaws will be reviewed and discussed, and members will also be asked to vote for adoption of the proposed amendments to the LCERA Bylaws. All households which were members of the Residents' Association for the fiscal year ending August 31, 2018 received copies of the proposed amendments via U.S. mail along with the invoice for membership dues for 2018/2019.

Dues-paying members for the new Fiscal Year commencing September 1, 2018 will be asked to vote on a slate of officers of the corporation. In addition to the recommended slate of officers, nominations can also be made from the floor during the meeting; however, the nominee must be present at the meeting and must agree to the nomination.

These are the candidates proposed for election to the LCERA Executive Council for Fiscal Year 2018/2019:

**President**  
**Vice President**  
**Treasurer**  
**Secretary**

**Bob Buzzetti, 3509 St. Moritz Street**  
**Ken Balboni, 3631 St. Moritz Street**  
**David Sherard, 3507 Cullen Lake Shore Drive**  
**Bill Parker, 3510 Cullen Lake Shore Drive**

Starting at 5:00 p.m. and **ending at 6:45, sharp**, dues payments will be accepted and keys exchanged; however residents are encouraged to take care of this business prior to the night of the meeting to eliminate long waits at the registration table. See "Membership Musings" on Page 3 for detailed information.



Anita Sacco, Editor

# MARK YOUR CALENDAR

## September

9	Sunday		Grandparents Day Rosh Hashanah begins
11	Tuesday		Patriot Day and National Day of Service and Remembrance  (half-staff)
13	Thursday	6:00 p.m. 7:00 p.m.	LCERA Pot Luck Dinner, First Baptist Church of Pine Castle LCERA ANNUAL MEETING
17	Monday		Constitution and Citizenship Day – U.S. Constitution Approved (1787) 
18	Tuesday	6:30 p.m.	Belle Isle City Council Meeting– Belle Isle City Hall (Open to the public) *
21	Friday		POW/MIA Recognition Day 
23	Sunday		Autumn Begins
25	Tuesday	6:30 p.m.	Belle Isle Planning & Zoning – Belle Isle City Hall (Open to the public) *
30	Sunday		Gold Star Mother's Day

## October

2	Tuesday	6:30 p.m.	Belle Isle City Council Meeting– Belle Isle City Hall (Open to the public) *
4	Thursday	7:00 p.m.	LCERA Executive Council Meeting – Snavely Residence *
8	Monday		Columbus Day (observed) 
15	Monday		Orange County Public Schools Student Holiday
16	Tuesday	6:30 p.m.	Belle Isle City Council Meeting– Belle Isle City Hall (Open to the public) *
23	Tuesday	6:30 p.m.	Belle Isle Planning & Zoning – Belle Isle City Hall (Open to the public) *
26	Friday		Orange County Public Schools Student Holiday
27	Saturday		Navy Day 
31	Wednesday		Halloween

\* Meeting time and date is subject to change.



Fly the American flag

If you see someone without a smile, give them one of yours.



## Membership Musings *by Barbie Snavely, Membership Chairman Phone: 407-859-6890*

Invoices for LCERA dues for Fiscal Year 2018/2019 were mailed to all residences in Lake Conway Estates early in August. Residents who remit their dues prior to the 2018 annual meeting on September 13 can take advantage of a discount. With a goal of eliminating long wait lines the evening of the meeting, residents are encouraged to remit their dues by U.S. mail, *OR* by personal delivery to me (Barbie Snavely) *OR* by utilizing the PayPal option on the LCERA web site.

All locks for the lake lot and tennis court properties will be changed the morning after the annual meeting. Beginning Monday, September 10, 2017/2018 keys can be exchanged for the new 2018/2019 keys. Old keys must be turned in or paid for before new keys will be issued. New boat-trailer stickers will be issued along with the new restricted keys (boat ramp sliding gate) for the lake lot. New keys will not be useable until Friday, September 14. **Bootleg keys will not be accepted in exchange for new keys.** Questions? Please call; I will respond as quickly as I am able to any phone messages.



Our resident's association is strong because of its members and the community it serves. We are happy to let you know that we have launched a new resident's association website. One of our own resident members, Pamela Rogan of Rogan Marketing and Communications ([roganmarketing.com](http://roganmarketing.com)) has donated the site and has also agreed to maintain it moving forward.

We agree with Pamela that a cohesive site will be a valuable tool to not only relay the business of the association but as it continues to evolve, will become a form of social communication within our community. In addition, it can be a marketing tool for Realtors, and homeowners, who can benefit from an "online brochure" of our community.

If you haven't been there recently, please check out our new web site as it begins to take form at [lakeconwayestates.com](http://lakeconwayestates.com)

## The More You Know... *by Ingrid Breckon, LCERA Street Captain – Duban & Ponceau Avenues (UF/IFAS Master Food and Nutrition Volunteer)*

**How much water does the average adult lose every day?** A. 2 Cups B. 5 Cups C. 7 Cups D. 10 Cups (Answer below)

Hydration is key when considering the temperatures we have been enduring! How much water should be consumed to stay properly hydrated? To figure out your baseline, you take your weight, divide by 2; this is the number of ounces you should be consuming every day. Additionally, for every 30 minutes of excessive physical activity, ADD 12 oz. of water to your baseline number. Along with drinking water, you can also consume foods with high water content: fruits such as watermelon, apples, oranges and vegetables, such as broccoli, lettuces, carrots, cucumbers to name only a few.

The more you know can enrich how you live. We have a great source of information at 6021 S. Conway Road! The UF/IFAS Orange County Extension Office is a non-profit organization that offers classes and programs to the communities within this County that can benefit every resident! Alongside the ever-popular Horticulture, it also encompasses Food, Nutrition, Healthy Body, Healthy Home, Money Management, 4-H, Exploration Gardens, AND has a plant clinic on site! They are known to host a number of fun events that the WHOLE family can enjoy.

**(TBA) KEEPING THE PRESSURE DOWN** - This 4 week high blood pressure series was developed to help you adopt a healthier lifestyle through hands on activities, lifestyle tips, and group interactions. Register in advance at [oclivingwell.eventbrite.com](http://oclivingwell.eventbrite.com). \$20 per person. (A minimum of 12 registrants is needed to start this class.) Call/email Jana Griffin [griffinj@ufl.edu](mailto:griffinj@ufl.edu) 407.254.9204 or Shireen Campbell Riley [Shireen.campbellriley@ocfl.net](mailto:Shireen.campbellriley@ocfl.net) 407.254.9218.

**September 18 - EFFICIENT IRRIGATION** (6:30 - 8 PM) This class will teach you basic irrigation system maintenance with information on timers, rain shut off devices, micro-irrigation and tips on how to conserve water and save money. Each person will receive a rain gauge. \$10.00 per household. Pre-Registration is required at [gardenflorida.eventbrite.com](http://gardenflorida.eventbrite.com).

*Continued on Page 4*

**The More you Know**     Continued from Page 3

**September 18 - DIABETES PREVENTION PROGRAM** (5:30 PM - 6:30 PM) Qualifications: min 18 years old or older, have family history of diabetes, overweight, diagnosed as pre-diabetic, A1C between 5.7-6.4, must be committed to attend meetings for one year. FREE (Note: Min of 12 participants required for class to be held). To register, call/email Jana Griffin griffinj@ufl.edu 407.254.9204 or Shireen.campbellriley@ocfl.net 407.254.9218.

**September 20 - GROWING HERBS...** (6:30 - 8 PM) Herbs have been grown in backyard gardens for centuries and are used to season, enrich, or improve the taste or smell of certain foods. Learn about those that will grow successfully and when to plant them in the Central Florida garden. \$5.00 per household. Pre-Registration is required at [gardenflorida.eventbrite.com](http://gardenflorida.eventbrite.com).

**September 20 - CHAIR AEROBICS or YOGA** (12 - 1 PM) \$5 per class. Chair aerobics was designed for seniors with limited mobility or anyone looking for group fitness experience. Yoga, designed for all ages at all levels. For either class, please register at [oclivingwell.eventbrite.com](http://oclivingwell.eventbrite.com). Please bring a mat or towel to class. Jana Griffin 407.254.9204.

**October 4 - NEW HOMEOWNERS WORKSHOP** (1 - 4 PM) Only \$15 per FAMILY. This class was designed to help individuals and families to maintain their accomplishment of home ownership. (11/07 Spanish Version 1 - 4 PM) Register at [oclivingwell.eventbrite.com](http://oclivingwell.eventbrite.com). Questions? Jenny Rodriguez 407.254.9231 [jennyarodriguez@ufl.edu](mailto:jennyarodriguez@ufl.edu).

**October 6 - PALMS FOR CENTRAL FLORIDA** (9 - 10:30 AM) Learn about selection and planting palms correctly, pest management, pruning and more. \$5.00 /household. Pre-Registration required at [gardenflorida.eventbrite.com](http://gardenflorida.eventbrite.com).

**(TBA) COLLEGE LIFE: EXCELLING ON YOUR OWN (4 day series)** Topics: Money Management, Balancing Fun and Studying Well, Social Life. Minimum 12 registrants to start class. Jana Griffin: [griffinj@ufl.edu](mailto:griffinj@ufl.edu) 407.254.9204

View all present and future listings for Horticulture-based classes at [gardenflorida.eventbrite.com](http://gardenflorida.eventbrite.com) Family/Consumer-Science-based classes can be viewed at [oclivingwell.eventbrite.com](http://oclivingwell.eventbrite.com). Got questions? UF/IFAS OC Extension Office (M-F) 8 AM - 5 PM, call 407.254.9200, visit <http://orange.ifas.ufl.edu>. Pop in and take a stroll through the beautiful Exploration Gardens which is open to the public at no charge! They would love to meet you and appreciate your support!

**ANSWER:** Shockingly, the answer is D. 10 Cups. We expel this water through breathing, sweating, going to the bathroom.....

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## In Belle Isle

**CORRECTION:** In the previous newsletter, the fine for parking code violations was incorrectly stated. The fine is actually \$150.

**Cross Lake Beach** – The City will be purchasing from the State of Florida the lake front property referred to as Cross Lake Beach. The parcel, located in BI District 2, has been used passively as a park by generations of residents in the vicinity of Oak Island and Pleasure Island. Purchase price: \$19,000.



**Short Term Rentals** - Although lacking the support of several Belle Isle commissioners, it appears a proposal with language authorizing the creation of an ordinance for a pilot program allowing short term rentals in Belle Isle will move forward. The first and second readings of the ordinance at BI City Council meetings will take place in September. What is unknown to residents is the long-term cost of such an ordinance that is essentially unenforceable.

**Annexation** – The top two areas of priority being considered for annexation into the City of Belle Isle are commercial properties at the intersection of Hoffner and Conway Road as well as properties in the Randolph Street neighborhood including the public boat ramp area and properties near the Cornerstone Charter School.

*Congratulations to the Belle Isle Police Department which was recently recognized with the Rocky Pomerance Excellence in Policing for a Small Agency award from the Florida Police Chief Association. This distinguished award recognized significant improvements in all facets of the police department including community involvement, criminal investigations, marine patrol, traffic enforcement, and employee wellness.*

*Additionally, Sergeant Detective Jeremy Millis received the Florida Police Chiefs' Lee McGehee Police Officer of the Year for a Small Agency award. He was recognized because he has demonstrated exceptional achievement and shown a genuine commitment to his profession, the BIPD, and the public they serve.*